



RSE Overview- KS3



RSE Overview	Year 7	Year 8
Autumn 1	Internet Safety and harms- Computing lessons Health and Prevention - Science lessons	Healthy Eating- Science lessons Physical health and fitness- Science lessons
Autumn 2	Respectful relationships- VFS Online and Media- Computing Lessons	Respectful relationships- VFS Internet Safety and harms- Computing lessons
Spring 1	Mental Well-being- VFS	Mental Well-being- VFS
Spring 2	Basic First Aid- KMe to arrange St John's Ambulance or Red Cross lesson	Basic First Aid- KMe to arrange St John's Ambulance/ Red Cross lesson Online and Media— Computing lessons
Summer 1	Health and Prevention- Dental Hygiene -- KMe to arrange	Changing Bodies- Science lessons
Summer 2	Changing adolescent body - delivered by tutors	Changing adolescent body - Science