

1st April 2021

Dear Parents and Carers,

Relationships Education, Relationships and Sex Education (RSE) and Health Education

At Bilbrook, we want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of living in modern Britain. RSE will put in place the building blocks needed for children to form and maintain positive and safe relationships, including with family, friends and online. By the end of Key Stage 2, it is mandatory for pupils to have been taught content on:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe
- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- The changing adolescent body

You can find further details by searching 'RELATIONSHIPS AND HEALTH EDUCATION' on GOV.UK. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. The school's draft policy can be found here: <https://www.bilbrookmiddle.com/school-policies/>

As a school community, we are committed to working in partnership with parents and look to continually develop and improve practice; as part of the consultation process, if you would like to share your views, would like to find out more or discuss any concerns, then please contact the school or send in an email to office@bilbrookmiddle.com by 28th May 2021.

Best wishes,

Andrew Tilley

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